

THC vs. CBD: What's the Difference?

Cannabidiol (CBD) and Tetrahydrocannabinol (THC) are both derived from the same plant species, *Cannabis sativa L.* Although they do share some similarities, including the same chemical formula, the two chemicals have several key differences due to their biological arrangements.

	CBD	THC
Psychotropic		✓
Found in greater concentrations in hemp	✓	
Found in greater concentrations in cannabis		✓
Federally legal to sell and consume products	✓*	
Legal to possess and consume products in Virginia	✓	✓**

* As hemp extract

** Public possession of cannabis is limited to no more than 1 oz.

For additional educational resources, visit: cca.virginia.gov

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